

FEELING ADVENTUROUS? GET ACTIVE AND EXPLORE HARTLEPOOL



✓ CYCLE ✓ WALK

CYCLE ROUTE 3 DETAILS

Embark on a journey through Hartlepool's diverse landscapes on this moderate cycle and walking route. Meander through residential areas, coastal beaches and enjoy views of Old Hartlepool Town.

PLEASE REMEMBER TO :

Respect Other People

This route uses paths shared with walkers. When cycling, you must give way to walkers and always consider other people enjoying the outdoors. Leave gates and property as you find them.

Protect the Environment

Leave no trace of your visit, take your litter home, and keep dogs under effective control.

Enjoy the Outdoors

Plan ahead and be prepared!
Follow local signs and advice.



DISCOVER ALL OF OUR WALKING
AND CYCLING GUIDES AT:

www.explorehartlepool.com

Explore Hartlepool



Map created by www.abbyandowen.com

For further information on Public Rights of Way in
Hartlepool, contact the Countryside Access team:

☎ 01429 523524

✉ rightsofway@hartlepool.gov.uk

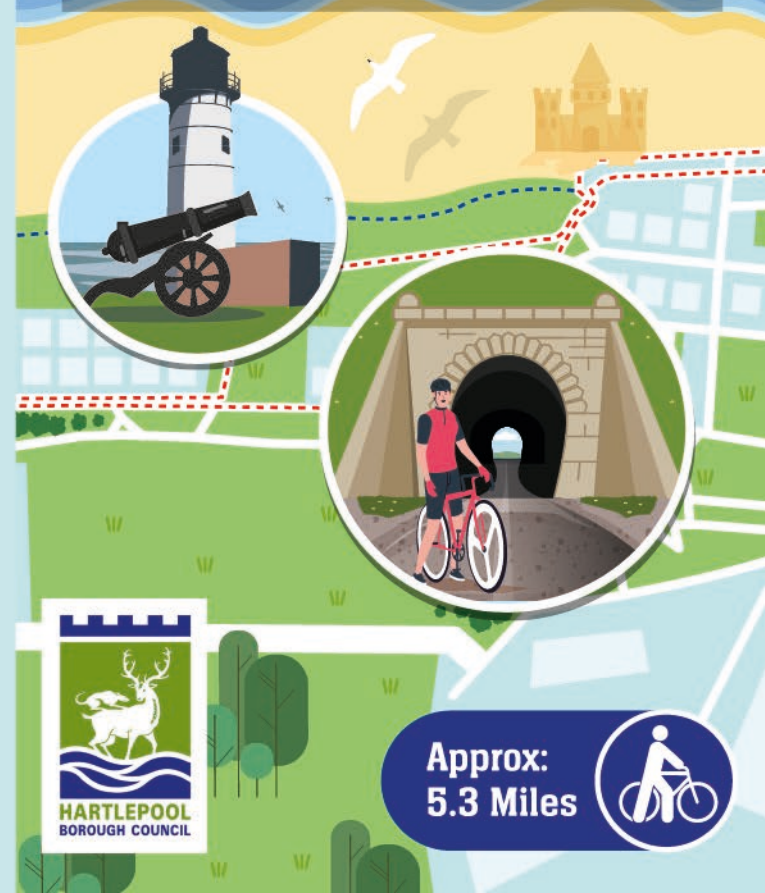
Please ask us if you would like this leaflet in
another language or format.



BRUS TUNNEL TO
THE HEADLAND
— CIRCULAR —

~ CYCLE ROUTE 3 ~

➤ Brus Tunnel ➤ Town Hall ➤ St Hildas Church
➤ Headland Beach ➤ Heugh Battery



Approx:
5.3 Miles



BRUS TUNNEL TO THE HEADLAND

— CIRCULAR —

APPROX: 5.3 MILES



1 Start by cycling through the Brus Tunnel, a fine example of Victorian tunnel engineering, often referred to as 'Horse Shoe Tunnels'. Proceed up the slope and across the estate road, continuing onto a surfaced public footpath/cycleway. **2** From here you will get great coastal views, follow this path until it re-joins Butterstone Avenue. Turn left and proceed along the avenue until it transitions into Old Cemetery Road. Cycle past the Cemetery, which will be on your left, and continue past the 'North Sands' housing development on your

left, you will find a tarmac path. Follow this path upwards and veer to the right until it merges with another tarmac path. Turn left and descend, remaining on the lower level as the path opens out into the Lower Promenade. Cycle along the Lower Promenade, passing notable sites such as Elephant Rock, the Heugh Battery and Museum, the Old Lighthouse **3**, and Redheugh Memorial Gardens. At the end of the memorial gardens, turn right onto Radcliffe Terrace **4** and then make a left onto Cliff Terrace. This road becomes Prissick Street about halfway along. At the end of this road, turn left

at the crossroads onto Baptist Street. Continue along this road down to and turn right onto Albion Terrace, where you'll have views over Hartlepool Bay. Continue on Albion Terrace as it changes names to York Place, Croft Terrace, and Town Wall. At the Medieval Sandwell Gate steps, make a turn onto Sandwell Chare **5** and then a right onto High Street. Cycle up High Street until it becomes Church Walk, with St. Hilda's Church and its churchyard on your left. At the crossroads, turn left onto Manners Street, then proceed straight across another crossroads into Friarage Gardens. Along

this route, the road changes its name four times until it eventually becomes Marine Drive. Continue to the end of Marine Drive, then turn left and descend a short spiral sloped tarmac path. Cycle uphill and straight ahead until you join with Butterstone Avenue and the Marine Point Housing Estate. After 150 metres, turn right back onto the public footpath/cycleway. Follow this stoned path all the way, crossing the main estate road, descending the slope, and going back through the Brus Tunnel to your starting point.

REFRESHMENTS
Refreshments can be found at Brus Corner and on Northgate.

~ HARTLEPOOL HISTORY ~

The Headland's isolated and secure location, with excellent sea access, made it a prime location for early Anglo-Saxon settlement. Known as 'Herut eu' or 'Stag Island', the Headland's rich Anglo-Saxon heritage is still evident today. St Hilda's Church, an Early English church, featuring stunning Norman doorways and massive buttresses, is still an important monument. Built on the site of St Hilda's Abbey, from 648 AD onwards, the church is the start of a new Pilgrimage Trail called 'The Way of St Hild,' which traces St Hilda's spiritual journey to Whitby Abbey, which she later founded. Scan the QR code for more information.



WWW.EXPLOREHARTLEPOOL.COM/DIRECTORY-CATEGORIES/DISCOVER/HERITAGE/

WILD HARTLEPOOL

Discover Natural Treasures

Explore Hartlepool's coastline, teeming with diverse wildlife. From the cormorants perched on rugged cliffs to the playful bottlenose dolphins dancing in the waves, there's always something new to encounter.

You may even spot a rare red admiral butterfly or an unusual orchid. While some sightings are rarer than others, keep your eyes peeled, for the landscape is rich with a variety of flora and fauna waiting to be found...

• Pink dots = Rare or Becoming Rare

PLANTS

Take in the charm of Hartlepool's coastal flora. From delicate orchids to vibrant geraniums, nature's garden is in full bloom here.

- Northern Marsh Orchid- vivid purple flowers
- Pyramid Orchid- tall pink blooms
- Geraniums- varied hues, often red or pink
- Achillea- flat clusters of small white flowers
- Birdsfoot Trefoil- three-lobed leaves, yellow flowers
- Duke of Argyll's Tea Tree- aromatic shrub
- Harebell- thin stems, bell-shaped blue flowers

BIRDS

Watch Hartlepool's birds soar and sing, from the common kestrel to the elusive peregrine falcon, this coastline is a place of feathers and flight.

- Skylark- Speckled brown, high in sky
- Gannet- White body, dagger-like beak
- Cormorant- All black, long neck
- Oyster Catcher- Black and white, red beak
- Kestrel- Russet black, hovers low

MAMMALS

Meet the mammals of Hartlepool, where land and sea meet, allowing the common fox to roam and the bottlenose dolphin to glide and play.

- Fox- Bright orange, bushy tail
- Hedgehog- Palm-sized, spiky back
- Bottlenose Dolphin- Sleek grey, arched fin

BUTTERFLIES & MOTHS

Admire the delicate dance of butterflies and moths in Hartlepool, from the vibrant Red Admiral to the intriguing Burnet Moth.

- Red Admiral- Black wings, red stripes
- Meadow Brown- Brown, eye-spots on wings
- Small White- All-white, slight grey tips
- Common Blue- Vibrant blue, rounded wings
- Speckled Wood- Brown, cream speckles
- Burnet Moth- Dark wings, red spots